



Aging With Grace

A Catholic workshop for empty nesters, retirees, caregivers and their loved ones.

Science may explain physical aging, but life experience and faith can teach us far more about how to cope with it. As we age or care for aging parents, we often wonder what the Church teaches about ethical medical decisions, the sanctity of life, and preparing documents, such as advance directives or a will. This event will help answer those questions and provide guidance and inspiration for the journey ahead!

Featured Speakers



Event Moderator
Terri Schauf



Spirituality of Growing Older
Fr. Sushil Tudu, TOR



Catholic Medical Ethics 101
Chris Vaughn



Picture Your Legacy
Renée Underwood, CFRE

Elder Law from a Catholic Perspective
Speaker to be announced

Wednesday, March 13 | 10 a.m. to 3 p.m.

St. Catherine of Siena | 1705 E. Peters Colony Rd., Carrollton, TX 75007

Advance registration is **REQUIRED** and is limited to 50 participants.

\$15 per person/\$25 per couple (includes Lunch, Snacks and Materials)

Join us for daily Mass before the workshop at 8:30 a.m.

To learn more or register visit:

<https://www.advancementfoundation.org/aging-with-grace>

Or Scan Here



Presented by:



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